

MARS VENUS

John Gray's Seminar – What Will I Learn?

Learn from John how new communication skills can immediately lower stress levels while providing the foundations for lasting happiness and immediate transformation.

Learn how traditional male and female roles have evolved, how these changes have increased stress levels in our lives, and how they affect romantic relationships.

Learn how men and women naturally react to stress in vastly different ways and shows how without understanding Mars and Venus' differences, couples will experience unnecessary frustration.

Learn an easy-to-understand program how to bridge the gap between the genders providing effective communication strategies that will actually lower stress levels.

Learn how diet, exercise and communication skills combine to affect overall health and family relationships.

Learn how to better manage stress through gender specific nutrition products designed to support a healthy lifestyle for you and your family.

Learn gender specific strategies for reversing the aging process to create lasting health, happiness, passion and romance.

Learn essential tools for couples who want to develop more satisfying relationships with their partners.

Learn practical and proven way for men and women to communicate better by acknowledging the differences between them.

Learn how to counteract these differences in communication styles, emotional needs and modes of behavior to promote a greater understanding between partners.

Learn how to reduce conflict, how to interpret behavior and secrets to successful relationships will enrich your life

Learn the ways men and women misunderstand and misinterpret each other in the workplace, and he offers practical advice on reducing unnecessary conflict and frustration.

- **Increase your performance** by giving you the tools to improve communication, promote teamwork, and enhance working relationships.
- **Increase your productivity** by providing a greater awareness and appreciation of the diverse characteristics within each of us – and how these differences can positively or negatively affect productivity
- **Increase your effectiveness** by empowering you to overcome frustration and resolve conflict in difficult communication situations.
- **Increase your morale** by utilizing interactive techniques that will promote respect and build trust.

Learn how to apply John's trademark practical advice to everyday office issues, John Gray will teach you how to achieve your goals and how to make the workplace a source of fulfillment